



# August

## Diffuser Blends

### Lemonade

4 drops Lemon  
1 drop Basil  
1 drop Spearmint

### Fresh Air

2 drops Melaleuca (Tea Tree)  
2 drops Lemon  
2 drops Lime

### Dreaming of Paradise

3 drops Citrus Bliss®  
2 drops Sandalwood  
3 drops Grapefruit

### Relaxing Hammock

3 drops Bergamot  
3 drops Wild Orange  
2 drops dōTERRA Serenity®

### Picnic in the Shade

3 drops Purify  
3 drops Peppermint  
3 drops Citrus Bliss®

### Summer Nights

2 drops Spearmint  
2 drops Tangerine  
2 drops Bergamot

### Summer Breeze

5 drops Lemon  
5 drops Wild Orange  
2 drops Geranium

### Crystal Tides

3 drops Whisper®  
2 drops Purify  
1 drop Lime

dōTERRA®